

ADK BLACK BEAR



LACROSSE

The ADK Black Bear Lacrosse Club is entering its fifth season of offering a travel lacrosse program in the foothills of the Adirondacks that is geared towards the dedicated player who is committed to learning the game of lacrosse. Our coaches have many years of experience teaching lacrosse and are involved with college, local high school and youth programs. Players will have the opportunity to play with their peers from other schools and compete in regional lacrosse tournaments. While lacrosse skills and athleticism will be the primary criteria for being selected to participate, attitude, effort and sportsmanship will also be strongly considered.

Cost: \$400 for players in grades 3-8 and \$750 for grades 9 and 10 (includes team uniform, nine practices, and registration fees for at least four tournaments). Final payment will be due by May 31st, after tryouts and team rosters have been finalized.

Registration is available online at www.adkblackbears.com.

Tryouts: \$25 tryout fee The ADK Black Bear Lacrosse Program will be hosting tryouts for all six grade level teams on **Sunday, May 14th and Sunday, May 21st**. Tryouts for grades 3-8 will take place from 3:00-5:00pm at the Moreau Recreation Park in South Glens Falls. Tryouts for grades 9 and 10 will take place on the same dates and times at South Glens Falls High School.

Team rosters will be limited to 18-20 players to allow all team members significant playing time and individualized instruction throughout the travel season.

All players must be active members of US Lacrosse to play on a ADK Black Bears team.

2017 Tournament Schedule:

Sunday, June 4	Gladiator - Burnt Hills - grades 3/4 and 5/6
Sunday, June 11	Orange Crush - Syracuse - grades 7 and 8
Sunday, June 18	United Capital Clash - UAlbany - grades 9 and 10
Saturday, June 24	local travel lacrosse game - all teams
Sat/Sun, July 1/2	Saratoga Shootout – Gavin Park - all teams
Sat/Sun, July 8/9	1812 Shootout – Sackets Harbor, NY - 3/4, 5/6, 7, 8
Sunday, July 9	Yale Bulldog Bash - grades 9 and 10
Saturday, July 15	King of the Hill – Jamesville Dewitt, NY - 3/4, 5/6, 7, 8
Sat/Sun, July 15/16	NEYLA - Devens, MA - grades 9 and 10

*Tournament schedule subject to change at any time

Practice Schedule: nine practices and/or scrimmage dates on Tuesday and Thursday evenings from June 13th through July 13th- 6:00-7:30pm. Practices for grades 3-8 will be at Moreau Rec Park. Practices for grades 9 and 10 will be held at South Glens Falls High School.

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If you have questions, please contact Mike Patton (409-8786) or visit www.adkblackbears.com